

# VNA

of Somerset Hills

SERVING MORRIS & SOMERSET COUNTIES

200 Mt. Airy Road Basking Ridge, NJ 07920

**NURSING & REHABILITATION THERAPY**

**HOSPICE CARE**

**CHRONIC DISEASE MANAGEMENT**

**HOME HEALTH AIDES**

**ADULT DAY CLUB**

**RESPIRE CARE & CAREGIVER ASSISTANCE**

**PRIVATE CARE SERVICES**

**COMMUNITY WELLNESS PROGRAMS**

**908-766-0180**

**visitingnurse.org**

Non-Profit  
US POSTAGE  
**PAID**  
Chester, NJ  
Permit No. 468

## Upcoming Events

### Annual Golf Classic

September 19  
Neshanic Valley Golf Course

### Holly Day Market

Saturday, November 5  
10:00 am – 5:00 pm

Sunday, November 6

10:00 am – 4:00 pm  
VNA Headquarters

### Cookie Walk

Saturday, December 10  
10:00 am – 12:00 pm  
VNA Headquarters

## Rummage Sale!

**Fri Oct 7**

**9:30 am – 3:30 pm**

**Sat Oct 8**

**9:30 am – 3:30 pm**

**Sun Oct 9**

**12:30 pm – 3:30 pm**

**Donations  
Accepted  
Sept 10-28  
Monday to Saturday  
10:00 am-1:00 pm**



**CONNECT WITH THE SALE!**  
**@vnarummagesale**



If you are a current or former patient and do not wish to receive future fundraising requests supporting the Visiting Nurse Association of Somerset Hills, please contact us at [news@visitingnurse.org](mailto:news@visitingnurse.org) or 908-766-0180 ext.151, identifying yourself and stating that you no longer want to receive fundraising requests. After receiving your request, we will honor your decision not to receive future fundraising communications.



**For a complete list of upcoming events, visit us online at [visitingnurse.org](http://visitingnurse.org)**

## VNA Welcomes New President & CEO

The Board of Trustees of the Visiting Nurse Association of Somerset Hills has appointed Daniel E. Powell President and Chief Executive Officer. Powell, former Board Chairman of the VNA of Somerset Hills, served as the agency's Interim Chief Executive Officer since February 2016. Charles A. Reid, III, Esq., previously 2nd Vice-Chair, has been named Chair of the Board of Trustees, filling the vacancy left by Powell.

Over the course of his career, Powell has specialized in leading performance improvement initiatives to grow revenues, reduce costs and improve operations as an operating executive, strategic consultant, and private equity professional. In addition to serving as a CEO and as an adviser to Boards of Directors for several companies in the consumer product, retail, business service and wholesale distribution industries, he has also been active in the banking, private equity, and management consulting industries. He received a bachelor's degree, magna cum laude, from Williams College, and holds a master's degree in business administration from Harvard University, Graduate School of Business.



*Daniel E. Powell has been appointed President and CEO of the VNA of Somerset Hills.*

## VNA of Somerset Hills 2015 Highlights

Your Generosity Brings Care to Our Community



**\$167,000**

supported telehealth in-home monitoring and coaching for 344 people



**\$184,000**

supported Adult Day Club programs



**12,481**

days of pain/symptom management and family support provided to hospice patients



**56**

community outreach and educational programs



**93,513**

client visits were made by our clinical staff



**400+**

volunteers contributed their time and talents to fundraising projects and agency programs



**837**

people served by community wellness programs and support groups



**505,942**

miles were traveled by our home care & hospice visiting staff

Read our full 2015 Annual Report online at  
<http://www.visitingnurse.org/news-and-events/annual-report/>

## Online Health Information You Can Trust

Are you one of the 72%\* of internet users looking online for health information? Here are several high quality resources to begin your search:

<a href="http://www.healthfinder.gov">www.healthfinder.gov</a>	U.S. Department of Health and Human Services General health information
<a href="http://www.nihseniorhealth.gov">www.nihseniorhealth.gov</a>	National Institutes of Health Health information for older adults
<a href="http://www.medlineplus.gov">www.medlineplus.gov</a>	National Library of Medicine as part of National Institutes of Health General health information
<a href="http://www.cdc.gov/travel">www.cdc.gov/travel</a>	Centers for Disease Control – Travelers’ Health Information about how to stay healthy when traveling
<a href="http://www.caregiving.org">www.caregiving.org</a>	National Alliance for Caregiving Research, support groups, and resources for caregivers



By evaluating a website provider and reviewing the site for accuracy and quality, you can find those that provide reliable, timely and safe information. Protecting your privacy is important. Always be careful when providing personal information, and check the website privacy policy to understand if or how your information will be shared.

Remember, only your healthcare provider can recommend the best care, and information found online is not a replacement for speaking with your physician. For more website suggestions and a detailed printable checklist for evaluating online healthcare information, go to [www.visitingnurse.org/resources/fact-sheets-patient-education/](http://www.visitingnurse.org/resources/fact-sheets-patient-education/).

\*Pew Research Group

## Investors Foundation Supports the Adult Day Club

Thanks to a generous grant of \$4,000 from Investors Foundation members of the Adult Day Club (ADC) will be able to continue to enjoy the music therapy and cultural arts programs offered at the Club. Funded by Investors Bank, the Investors Foundation, is dedicated to supporting non-profit organizations that improve the communities they serve.

“We are enormously grateful for the generosity of Investors Foundation,” said Marie Sperber, VP of Business Development & Philanthropy at the VNA of Somerset Hills. “Their grant makes it possible for the ADC to continue to offer a wide range of enrichment activities designed to enhance the quality of life of our members.”

In addition to the Foundation grant, several volunteers from the Pluckemin Branch of Investors Bank participated in a Day of Sharing at the ADC. “These enthusiastic, caring volunteers did an excellent job engaging our members in a variety of group activities brightening up their day,” stated Maria Keenan, ADC Manager. “We truly appreciate their commitment to the ADC and our mission.”



*Employee volunteers from Investors Bank recently spent a day socializing with our Adult Day Club members.*

## Shopping Boutique Benefits Adult Day Club

Save the date for our new holiday themed gift boutique featuring exclusive vendors from across the country. The selection of unique items including custom shoes for women, fine jewelry, monogrammed gifts, table linens, clothing for all ages is perfect for your holiday shopping list. This exciting event is co-hosted by The Board of Trustees and The Friends of the Visiting Nurse Association of Somerset Hills.

**Date:** November 5 & 6, 2016  
**Times:** Saturday 10:00 am - 5:00 pm  
Sunday 10:00 am - 4:00 pm  
**Location:** VNA of Somerset Hills  
200 Mt. Airy Rd, Basking Ridge  
**Admission:** \$5.00  
**For More Info:** [www.facebook.com/vnahollydaymarket](http://www.facebook.com/vnahollydaymarket)



## Extra Help Solutions for Caregivers

- Are you trying to balance family, work and caregiving responsibilities?
- Are you caring for someone with chronic illness, a physical disability, or with cognitive problems?
- Are you looking for assistance with daily activities like bathing and dressing?
- Will a loved one be returning home after a hospital or nursing facility stay?
- Does your loved one require daytime or nighttime supervision to remain living safely at home?

Our Adult Day Club and private pay hourly and live-in certified home health aide services offer an ideal, trust-worthy partner to help. For more information call 908-766-0180.



### Board of Trustees 2016-2017

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### Mission Statement

*To provide individuals and families with comprehensive, high quality, cost effective home and community health care services, regardless of ability to pay, using partnerships where appropriate.*