

ADULT DAY CENTER of the VISITING NURSE ASSOCIATION of SOMERSET HILLS

March 2010

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 1:30 Family Feud	2 1:30 Lucky Letters	3 1:30 Joe Zavatsky "Guitar & Singing"	4 1:30 USA Geography BINGO	5 1:30 Art Therapy "Torn Paper/Pencil Drawing"	6
7	8 1:30 John & Amy Kizzie "Guitar & Singing"	9 1:30 Ilene Weiner "Piano & Singing"	10 1:30 Hugh Duffy "Guitar & Piano"	11 1:30 Clair Pratt "Hymnal Singing"	12 1:30 Robin Marion Travel Slides "History of France, Last Ice Age"	13
14 	15 10:45 Hazel & Therapy Dogs 1:30 Crossword Puzzle	16 1:30 The Taptone Dancers	17 10:45 "Gracie" the Therapy dog St. Patrick's Day 1:30 Don Langreich "Guitar Playing"	18 1:30 Jenny Fisher "Guitar & Singing"	19 1:30 Vivian Morrison "Piano Playing"	20 
21	22 1:30 At the Movies "Westside Story" FARE	23 1:30 BINGO with Rutgers School of Pharmacy	24 1:30 "Rulene" will entertain us	25 1:30 Elsie Stoddard "Travel Slides"	26 1:30 Hans Steinhardt "Accordian Playing"	27
28 	29 PASSOVER 1:30 "Passover" program with Jaime	30 1:30 Morris Museum "Artifacts"	31 1:30 Art Therapy Marc Chagall's "Dream Fantasy"	For inclement weather call (908) 766-6164, press option #1, and then extension 262 starting at 6:30 a.m. Center: (908) 766-0180 Transportation: (908) 231-7115		

Daily Calendar of Activities

- 8:00 Center Opens
- 8-9:55 Members arrive by family or bus
Individual activity: ie reading, puzzles
social time with each other, etc
- 10:00 Morning snack and socializing
- 10:30 Return to program room and
Chair-side exercise
- 10:50 Morning program: reminiscing on
various topics, word games, trivia, etc
- 11:40 Restroom break
(with assistance as needed)
- 12:00 Lunchtime
- 1:00 Various ball playing games with
cognitive stimulation
- 1:30 **Special afternoon program** (see calendar)
- 2:30 Restroom reminder (with assistance as
needed)
- 2:40 Afternoon snack
- 3:00 Return to program room to end
the day with individual activities
while waiting to be picked up
- 4:30 Center closes