

ADULT DAY CENTER of the VISITING NURSE ASSOCIATION of SOMERSET HILLS



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1	2	3
4 	5 CLOSED 	6 1:30 Barry Thomson George B. Post Architect	7 1:30 Family Feud	8 1:30 Don Langreich Guitar Playing	9 1:30 At the Movies Beverly Hills Chihuahua	10
11	12 10:45 Hazel & Therapy Dog	13 1:30 Claire Pratt Hymnal Singing	14 1:30 BINGO with the Chelsea	15	16 1:30 Ilene Weiner Piano Playing	17
18	19 1:30 Hans Steinhardt Accordion Playing	20	21	22 1:30 Morris Museum Pioneers – Westward Ho	23 1:30 Fun in the Sun	24
25	26 1:30 I Love Lucy FARE Meeting	27	28	29	30 10:45 Gracie the Therapy Dog	31

Daily Calendar of Activities

- 8:00 Center Opens
- 8-9:55 Individual activity: ie reading, puzzles
social time with each other, etc
- 10:00 Morning snack and socializing
- 10:30 Return to program room and
Chair side exercise
- 10:50 Morning program: reminiscing on
various topics, word games, trivia,etc
- 11:40 Restroom break
(with assistance as needed)
- 12:00 Lunchtime
- 1:00 Various ball playing games with
cognitive stimulation
- 1:30 **Special afternoon program** (see calendar)
- 2:30 Restroom reminder (with assistance as
needed)
- 2:40 Afternoon snack
- 3:00 Return to program room to end
the day with individual activities
while waiting to be picked up
- 4:30 Center closes